

Case#:	Submitted on:	07/19/22 09:44AM		
F	Request Sent on:	07/19/22 11:40AM	Received:	07/22/22
Client:				
Social Security #:				
Date of Birth:				
Ordered By:				
Deliver To:				
Insurance Company:				
Underwriter:				
Agency:				
Agency Code:				
Agent:				
50 II A			D !! #	
Policy Amount:	1.6		Policy#:	
Policy Type:	Life Insurance			
Service:				
Special Request:	Please provide i	nformation for the la	ast 3 years.	

Pages in this Document: 119, including this cover page

	VISIL GALG. O/S/2022
sit Information	
Provider Information	Udbarfala Pasyida
Encounter Provider A	Authorizing Provider Referring Provider
Department	
Name Addre	ess Phone Fax
Level of Service PR OFFICE/OUTPATIENT ESTABLISHED LC	OW MDM 20-29 MIN
linical Notes	
EASON FOR VISIT	
hief Complaint	
atient presents with	
 possibly lime Back pain 	
Such puin	
PI/ROS	

who presents today for possibly lime (Back pain/).

Hx chronic neck pain, herniated discs. Also chronic lower back pain, but what brought him here today is the neck pain. For a month he has had increased posterior neck pain, L arm pain, and his L arm is numb in the morning all the way to the wrist and sometimes in the fingers. No change. Some tingling.

Mild improvement in last 2d.

His GF noticed a spot on his R leg 2d ago and he wonders if he has lyme.

Feels like both shoulders and neck are swelling. If he takes a viagra, the swelling is immediate.

No recent falls or trauma.

New bed x 1 year, thinks it might be too soft for his back.

2/14/16 MRI cervical spine:

IMPRESSION:

1. Multilevel cervical degenerative disc disease, most severe from C4-5 through C6-7, without high-grade central canal

stenosis. Findings appear similar to prior study from 2006.

- 2. Multilevel neural foraminal stenosis due to uncovertebral joint hypertrophy and facet arthropathy, as detailed by level above. Findings appear similar to prior study from 2006.
- 3. Severe right C3-4 facet arthropathy with evidence of active degenerative inflammatory change. Right C3-4 facet edema and joint effusion facet are new since 2006.

He swims regularly (daily) which helps. Has never had other treatment for neck and back pain. jaccuzi daily. Has some flexeril but hasn't been taking. Has not been icing.

Had covid infection December, minimal sx.

Requests ativan refill, daily use BID, 10+ years, complains that it always runs out on the weekend.

Review of Systems

Current Outpatient Medications

Medication	Sig	Dispense	Refill
 amLODIPine (NORVASC) 5 MG tablet 	Take 1 tablet (5 mg total) by mouth daily.	90 tablet	3
ASCORBIC ACID WITH ROSE HIPS 500 MG tablet	TAKE ONE TO TABLETS DAILY		
LORazepam (ATIVAN) 1 MG tablet	Take 2 tablets (2 mg total) by mouth at bedtime.	56 tablet	1
melatonin 3 mg Tab tablet	TAKE 1 CAPSULE AT BEDTIME AS NEEDED.		
multivitamin capsule	Take 1 capsule by mouth daily.		
 rosuvastatin (CRESTOR) 5 MG tablet 	Take 1 tablet (5 mg total) by mouth daily.	90 tablet	3
Text: Stress B Complex TABS	TAKE 1 TABLET DAILY AS DIRECTED.		
 tretinoin (RETIN-A) 0.05 % cream 	Apply a pea-sized amount to the face at bedtime	45 g	11
VIAGRA 100 mg tablet	Take 1/2 - 1 tablet by mouth daily prior to activity as directed		
VITAMIN D3 1,000 unit capsule	(Patient taking differently: Take 5,000 Units by mouth daily bid.)		
 cyclobenzaprine (FLEXERIL) 10 MG tablet 	Take 1 tablet (10 mg total) by mouth 3 times a day as	30 tablet	5

needed for muscle spasms Take 1 tab by mouth at bedtime as directed.

 tamsulosin (FLOMAX) 0.4 mg cap 24 hr capsule TAKE 1 CAPSULE BY MOUTH 2 TIMES A DAY.

No current facility-administered medications for this visit.

Patient Active Problem List

Diagnosis

- Degeneration of lumbar intervertebral disc
- · Hypercholesterolemia
- Vertigo
- · Hyperglycemia
- Shoulder joint pain
- Degeneration of cervical intervertebral disc
- · Other male erectile dysfunction
- · Varicose veins of both lower extremities
- · Actinic keratosis
- History of prostate cancer
- · Benign essential hypertension
- Abnormal LFTs
- · Chronic insomnia
- · Daily consumption of alcohol
- Marijuana use

EXAM

VS: BP 128/78 | Pulse 76 | Temp 97.2 °F (36.2 °C) (Temporal) | Wt 76.1 kg (167 lb 12.8 oz) | SpO2 96% | BMI 22.92 kg/m²

Body mass index is 22.92 kg/m².

General appearance: alert, appears stated age, cooperative and no distress Neck: mild ttp L occipital region, full ROM without difficulty, no cervical spine ttp

Extremities: L arm with normal and = strength to R arm, sensation equal b/l, full L shoulder ROM without difficulty

Skin: Skin color, texture, turgor normal. No rashes or lesions

Neurologic: Grossly normal Psych: normal affect

Physical Exam

LABS

Lab on 03/09/2022		ANN 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1		
Component	Date	Value	Ref Range	Status
• WBC	03/09/2022	6.43	4.00 - 11.00 K/uL	Final
• RBC	03/09/2022	4.78	4.50 - 5.90 M/uL	Final
 Hemoglobin 	03/09/2022	13.4 (A)	13.8 - 17.4 g/dL	Final
 Hematocrit 	03/09/2022	42.6	41.0 - 51.0 %	Final
• MCV	03/09/2022	89	80 - 96 fL	Final
• RDW	03/09/2022	14.0	11.6 - 14.6 %	Final

Clinical Notes (continued)				
Platelet Count	03/09/2022	178	150 - 450 K/uL	Final
Sodium	03/09/2022	139	135 - 146 mmol/L	Final
Potassium	03/09/2022	4.3	3.4 - 5.2 mmol/L	Final
Chloride	03/09/2022	104	98 - 110 mmol/L	Final
Total CO2	03/09/2022	27	24 - 32 mmol/L	Final
Anion Gap	03/09/2022	9	2 - 15 mmol/L	Final
• BUN	03/09/2022	19	7 - 24 mg/dL	Final
 Creatinine, Blood 	03/09/2022	1.2	0.6 - 1.3 mg/dL	Final
 Glucose, Blood 	03/09/2022	183 (A)	70 - 118 mg/dL	Final
Calcium	03/09/2022	9.6	8.5 - 10.5 mg/dL	Final
 Estimated GFR (MDRD) 	03/09/2022	59 (A)	>=60 mL/min/BSA	Final
This Cr-based equation underes				
CYSTATIN C WITH GFR ESTIN	1ATE, LAB4559), if additiona	l evaluation of renal functi	ion is
needed.				
• TSH	03/09/2022	1.12	0.30 - 4.50 uIU/mL	Final
 Total Protein 	03/09/2022	7.2	6.0 - 8.2 g/dL	Final
 Albumin, Blood 	03/09/2022	4.1	3.4 - 5.2 g/dL	Final
 Total Bilirubin 	03/09/2022	0.7	0.0 - 1.2 mg/dL	Final
 Direct Bilirubin 	03/09/2022	0.2	0.1 - 0.5 mg/dL	Final
 Alkaline Phosphatase 	03/09/2022	43	30 - 115 IU/L	Final
AST (SGOT)	03/09/2022	27	11 - 40 IU/L	Final
 Globulin Result 	03/09/2022	3.1	2.0 - 4.0 g/dL	Final
 ALT (SGPT) 	03/09/2022	29	7 - 40 IU/L	Final
 Prostate Specific Ag 	03/09/2022	0.7	0.1 - 7.2 ng/mL	Final
Method: Abbott				
Hemoglobin A1C	03/09/2022	5.3	4.6 - 5.6 %	Final
4.6 to 5.6% Normal				
5.7 to 6.4% Pre-diabetes, incre	eased risk for di	abetes		
>= 6.5% Diabetes mellitus				
Office Visit on 12/08/2021				
Component	Date	Value	Ref Range	Status
6-Aceytlmorphine Screen, Urine		Negative	Negative	Final ,
Add on order LAB2926 Opiates	and Oxycodone	e, Urine, Con	tirmation, if confirmation o	desired.
America America a Company I lating	40/00/0004	N.I 45	NI	Ein al
Amphetamines Screen, Urine	12/08/2021	Negative	Negative	Final
Screen for Amphetamine, Metan	•	•	•	
Add-on order LAB2923 Ampheta	amine, Urine, C	ontirmation i	t contirmation desired.	
Dankitanataa Caraan Unina	40/00/0004	N 45	NI	Ein al
Barbiturates Screen, Urine And an arriver LABSES Barbiturate	12/08/2021	Negative	Negative	Final
Add-on order LAB365 Barbiturat	e, Urine, Contir	mation if cor	ınırmation desired.	
. Panzadiazanina Caraan Urina	10/09/2021	Nagativa	Nogotivo	Einel
Benzodiazepine Screen, Urine Add an avdavi AB367 Banzadia	12/08/2021	Negative	Negative	Final
Add-on order LAB367 Benzodia.	zepine, onne, c	Jornimiadon	ii commination desired.	
Buprenorphine Screen, Urine	12/08/2021	Negative	Negative	Final
		_	•	rillai
Add-on order LAB2891 Bupreno	rprime, orme, c	Jorninnacion	ii commination desired.	
Cannabinoids Screen, Urine	12/08/2021	Positive	Negative	Final
Jamasholds October, Offile	12/00/2021	(A)	rvogativo	i ilial
Add-on order LAB3117 Cannabi	noids Urine if	` '	desired	
, ida on order Emboriti Odilliddi	noido, Onne, II (oon minidadii	acon ca,	
Cocaine Metabolite Screen,	12/08/2021	Negative	Negative	Final
	,,,	. 10941170		

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Urine

Add-on order LAB379 Cocaine, Urine, Confirmation if confirmation desired.

- Ethanol Screen, Urine
 Fentanyl Screen, Urine
 12/08/2021
 Negative Negative Final
 Negative Negative Final
- Add-on order LAB2903 Fentanyl Confirmation, Urine, if confirmation desired.
- Methadone Screen, Urine 12/08/2021 Negative Negative Final Add order LAB2925 Methadone, Urine, Confirmation if confirmation desired.
- Opiates Screen, Urine 12/08/2021 Negative Negative Final Screen for Morphine, Codeine, Hyrdocodone, Hydromorphone, or other Morphine-related opiates. Add on order LAB2926 Opiates and Oxycodone, Urine, Confirmation if confirmation desired.
- Oxycodone Screen, Urine 12/08/2021 Negative Negative Final Add-on order LAB2926 Opiates and Oxycodone, Urine, Confirmation if confirmation desired.
- Tramadol Screen, Urine 12/08/2021 Negative Negative Final Add-on order LAB2826 Tramadol Confirmation, Urine, if confirmation desired.

12/08/2021	74.8	>=15 mg/dL	Final
12/08/2021	Yellow	Colorless, Light yellow, Yellow	Final
12/08/2021	Clear	Clear	Final
12/08/2021	6.5	5.0 - 9.0	Final
12/08/2021	Negative	Negative	Final
12/08/2021	Negative	Negative, 10 mg/dL, 20 mg/dL	Final
12/08/2021	Negative	Negative	Final
12/08/2021	Negative	Negative	Final
12/08/2021	Negative	Negative	Final
12/08/2021	Negative	Negative, Trace	Final
12/08/2021	1.015	1.001 - 1.035	Final
12/08/2021	<3	<=4 /hpf	Final
12/08/2021	1	<=2 /hpf	Final
12/08/2021	Negative	Negative	Final
12/08/2021	<10	<=10 /lpf	Final
12/08/2021			Final
	12/08/2021 12/08/2021 12/08/2021 12/08/2021 12/08/2021 12/08/2021 12/08/2021 12/08/2021 12/08/2021 12/08/2021 12/08/2021 12/08/2021 12/08/2021 12/08/2021	12/08/2021 Yellow 12/08/2021 Clear 12/08/2021 6.5 12/08/2021 Negative 12/08/2021 1.015 12/08/2021 3 12/08/2021 1 12/08/2021 Negative 12/08/2021 1	12/08/2021 Yellow Colorless, Light yellow, Yellow 12/08/2021 Clear Clear 12/08/2021 6.5 5.0 - 9.0 12/08/2021 Negative Negative 12/08/2021 Negative Negative, 10 mg/dL, 20 mg/dL 12/08/2021 Negative Negative 12/08/2021 Negative Negative 12/08/2021 Negative Negative, Trace 12/08/2021 1.015 1.001 - 1.035 12/08/2021 <3

Lab on 11/22/2021

Component	Date	Value	Ref Range	Status
• Sodium	11/22/2021	142	135 - 146 mmol/L	Final
 Potassium 	11/22/2021	4.1	3.4 - 5.2 mmol/L	Final
Chloride	11/22/2021	106	98 - 110 mmol/L	Final
 Total CO2 	11/22/2021	23 (A)	24 - 32 mmol/L	Final
 Anion Gap 	11/22/2021	13	2 - 15 mmol/L	Final
• BUN	11/22/2021	19	7 - 24 mg/dL	Final
 Creatinine, Blood 	11/22/2021	1.1	0.6 - 1.3 mg/dL	Final
 Glucose, Blood 	11/22/2021	113	70 - 118 mg/dL	Final
Calcium	11/22/2021	9.6	8.5 - 10.5 mg/dL	Final
 Estimated GFR(CKD-EPI) 	11/22/2021	66	>=60 mL/min/BSA	Final
This Cr-based equation under	restimates GFR i	n patients ห	ith increased muscle ma	ss. Order

This Cr-based equation underestimates GFR in patients with increased muscle mass. Order CYSTATIN C WITH GFR ESTIMATE, LAB4559, if additional evaluation of renal function is needed.

Clinical Notes (continued)				
Hemoglobin A1C	11/22/2021	5.3	4.6 - 5.6 %	Final
 Estimated Average Glucose 	11/22/2021	105	mg/dL	Final
 Prostate Specific Ag 	11/22/2021	0.9	0.1 - 7.2 ng/mL	Final
Method: Abbott			_	
 Cholesterol 	11/22/2021	170	125 - 200 mg/dL	Final
 Triglycerides 	11/22/2021	52 (A)	55 - 150 mg/dL	Final
 HDL Cholesterol 	11/22/2021	81 (A)	40 - 65 mg/dL	Final
 LDL Cholesterol 	11/22/2021	79 `	<130 mg/dL	Final
 Non-HDL Cholesterol 	11/22/2021	89	<190 mg/dL	Final
Normal primary prevention	<190 mg/dL			
High risk primary prevention	<160 mg/dL			
Secondary prevention	<130 mg/dL			
High risk secondary prevention	on <100 mg/dL			
 VLDL Cholesterol 	11/22/2021	10	8 - 71 mg/dL	Final
 Ratio Chol/HDL 	11/22/2021	2.1	2.0 - 5.0	Final

ASSESSMENT AND PLAN

1. Cervical radiculopathy

Other than some mild ttp in L occipital region, neck and L arm exam normal.

Red flags are age, progressive sx

Recommend neurosurg eval, MRI ordered

He will start icing neck and L side TID x 15 min, continue moist heat, rest, muscle relaxant if helpful.

- Ambulatory referral to Neurosurgery; Future

2. Neck pain, chronic

- MRI Cervical Spine WO Contrast; Future
- cyclobenzaprine (FLEXERIL) 10 MG tablet; Take 1 tablet (10 mg total) by mouth 3 times a day as needed for muscle spasms Take 1 tab by mouth at bedtime as directed. Dispense: 30 tablet; Refill: 5

3. Left arm numbness

- Ambulatory referral to Neurosurgery; Future

4. Chronic insomnia

UTD on UDS and contract. He is frustrated that he cannot get refills automatically on this and we did discuss risk profile and policies surrounding controlled substance prescribing. I told him to call next time he needs a refill and request a few days extra to get him onto a rotation of weekday refills so that he does not run out on the weekend.

Follow-up: No follow-ups on file.

ATTESTATIONS

We discussed because new and current medications, including risks, benefits, and potential side effects. The patient expressed understanding and no barriers to adherence were identified.

inued)

lindicated understanding of and agreement with above plan of care.
ent for face to face and on face to face care on the day of this encounter is 30 minutes.

Problems updated today:	,		
Problem			
Chronic Insomnia			

Imaging

Imaging

MRI Cervical Spine WO Contrast (Completed)

/22 110<u>0</u>

Status: Completed

Ordering mode: Standard Frequency: Routine 06/09/22 -

Quantity: 1

Class: Ancillary Performed

Indications of use: Neck pain, chronic, degenerative changes on

xray

Indications comment: hx cervical radiculopathy, DDD, last MRI 2016, now with progressive sx

Diagnoses

Neck pain, chronic [M54.2, G89.29]

Provider Details

Provider		

Questionnaire

Ouestion	Answer
Question	Allowel
Does the patient have a pacemaker?	No
Imaging protocol to Radiologist discretion?	Voc
imaging protocol to Radiologist discretion?	1 65
Release to patient	Immediate

Indications

Neck pain, chronic [M54.2, G89.29 (ICD-10-CM)]

Visit Information

Encounter Provider Encounter Provider Authorizing Provider Referring Provider Department Name Address Phone Fax Level of Service Level of Service

Clinical Notes

Progress Notes

Date of Service: 3/16/2022

PR OFFICE/OUTPATIENT ESTABLISHED LOW MDM 20-29 MIN



Chief Complaint:

Chief Complaint

Patient presents with

Hypertension

History of Present Illness:

s a 73 y.o. male who presents today for telephone/telehealth visit for above issues. Patient is informed that this is a telehealth visit, that there may be co-pays or deductibles associated with this visit. The patient is also informed that some medical problems cannot be managed with video visits alone and may require an in person visit. Patient agrees verbally to a tele health visit.

Reviewed

Again discussed his labile blood pressure. He continues to run somewhat high in the morning and then go down as the day goes on. On weekends when he is not working blood pressure control is somewhat better but still above goal in the 140s on weekends. After he exercises it tends to go low, after he takes Viagra tends to Be lower. Has been inconsistent with his medication, but right now is taking 2-1/2 mg of amlodipine in the morning and 5 mg at night. Side effects Of erectile dysfunction with lisinopril and diuretics.

Past Medical History:

Diagnosis Date

• Actinic keratosis 5/29/2012

Actinic Keratosis

- Benign neoplasm of colon
- Benign prostatic hypertrophy without urinary obstruction
 6/27/2014
 HYPERTROPHY (BENIGN) OF PROSTATE W/O URINARY OBST & DTH LUTS 600.00:
 HYPERTROPHY (BENIGN) OF PROSTATE W/O URINARY OBST & DTH LUTS 600.00

<u>CI</u>	inical Notes (continued)	
•	Breast pain	12/1/2014
	Breast Pain	
•	Chronic narcotic use	12/5/2016
	2/9/2021 received notice from his insurance company alerting me to the combination	
	benzodiazepine and opiate. Reviewed chart, patient has already had this conversation	
	previous PCP and is aware that we will not be continuing opiates in the setting of chr	
	benzodiazepine use. 3/10/2021 patient appears to be a low risk status at this time gi	ven his
	intermittent use of hydrocodone be	0/04/0044
•	Degeneration of cervical intervertebral disc	3/21/2011
	Cervical Disc Degeneration: CERVICAL DISC DEGEN - 722.4	2/24/2010
•	Degeneration of lumbar intervertebral disc	2/24/2010
	Lumbar Disc Degeneration	3/4/2014
•	Dyschromia Dyschromia	3/4/2014
	Esophageal reflux	
	Hematuria	9/6/2013
	Hematuria	3/0/2013
	Hydrocele of testis	12/22/2011
	Testicular Hydrocele	12,22,2011
	Hypercholesterolemia	6/27/2014
	Hypercholesterolemia: PURE HYPERCHOLESTEROLEM - 272.0	0/21/2011
•	Inguinal hernia	1/17/2013
	Inguinal Hernia	
•	Inguinal hernia without mention of obstruction or gangrene, unilateral or unspecified,	
	(not specified as recurrent)	
•	Localized superficial swelling, mass, or lump	12/1/2014
	Lump In / On The Skin	
•	Low back pain	3/21/2011
	Lower Back Pain	
•	Male erectile disorder	9/12/2013
	Male Erectile Disorder	
	Occlusion and stenosis of carotid artery without mention of cerebral infarction	
	Prostatitis, unspecified	40/0/0044
•	Rupture of right biceps tendon	10/6/2014
	Text: Rupture Of The Bicipital Tendon Of The Right Arm	12/1/2014
•	Shoulder joint pain	12/1/2014
	Joint Pain, Localized In The Right Shoulder Spermatocele	9/6/2013
·	Spermatocele	3/0/2013
	Syncope and collapse	
	Text: Rupture Of The Bicipital Tendon Of The Right Arm	10/6/2014
	Text: Rupture Of The Bicipital Tendon Of The Right Arm	10/0/2014
•	Varicose veins of lower extremities	6/27/2014
	Varicose Veins Of Lower Extremities	
•	Vertigo	8/25/2011
	Vertigo	
	-	

Current Outpatient Medications

Medication	Sig	Dispense	Refill
amLODIPine (NORVASC) 5	Take 1 tablet (5 mg	90 tablet	3
MG tablet	total) by mouth daily.		
 ASCORBIC ACID WITH ROSE 	TAKE ONE TO		

HIPS 500 MG tablet	TABLETS DAILY		
 cyclobenzaprine (FLEXERIL) 10 MG tablet 	Take 1 tablet (10 mg total) by mouth 3 times a day as needed for muscle spasms. Take 1 tab by mouth at bedtime as directed	30 tablet	5
 LORazepam (ATIVAN) 1 MG tablet 	Take 2 tablets (2 mg total) by mouth at bedtime for 5 days.	56 tablet	1
melatonin 3 mg Tab tablet	TAKE 1 CAPSULE AT BEDTIME AS NEEDED.		
multivitamin capsule	Take 1 capsule by mouth daily.		
 rosuvastatin (CRESTOR) 5 MG tablet 	Take 1 tablet (5 mg total) by mouth daily.		3
Text: Stress B Complex TABS	TAKE 1 TABLET DAILY AS DIRECTED.		
 tretinoin (RETIN-A) 0.05 % cream 	Apply a pea-sized amount to the face at bedtime	45 g	11
VIAGRA 100 mg tablet	Take 1/2 - 1 tablet by mouth daily prior to activity as directed		
VITAMIN D3 1,000 unit capsule	(Patient taking differently: Take 5,000 Units by mouth daily. bid)		

No current facility-administered medications for this visit.

Allergies

Allergen	Reactions
Advil [Ibuprofen]	Other (See Comments)
Blood in urine	·
Aspirin	Hives
Chlorthalidone	Other (See Comments)
Erectile dysfunction	
Lisinopril	Other (See Comments)
Lightheadedness	

Social History

Socioeconomic History	
Marital status:	Domestic Partner
 Number of children: 	3
Tobacco Use	

 Smoking status: Never Smoker Smokeless tobacco: Never Used

Substance and Sexual Activity

Alcohol use:

Yes

Comment: daily

 Drug use: Yes

Types:

Marijuana

Sexual activity:

Yes

Partners:

Female

Birth control/protection:

Surgical

Review of Systems:

Infection around the holidays he has had a vague frontal morning headache, no morning or brain fog. No chest discomfort or chest tightness. No leg edema,

Current Vitals:

There were no vitals filed for this visit.

He appeared alert and well

Results:

Lab Results

Component	Value	Date	
WBC	6.43	03/09/2022	
HGB	13.4 (L)	03/09/2022	
HCT	42.6	03/09/2022	
PLT	178	03/09/2022	
CHOL	170	11/22/2021	
TRIG	52 (L)	11/22/2021	
HDL	81 (H)	11/22/2021	
ALT	29	03/09/2022	
AST	27	03/09/2022	
NA	139	03/09/2022	
K	4.3	03/09/2022	
CL	104	03/09/2022	
CREATININE	1.2	03/09/2022	
BUN	19	03/09/2022	
CO2	27	03/09/2022	
TSH	1.12	03/09/2022	
PSA	0.7	03/09/2022	
INR	1.09	04/20/2011	
GLUCOSE	183 (H)	03/09/2022	
HGBA1C	5.3	03/09/2022	

Assessment and Plan:

- Benign essential hypertension 1.
- 2. Blood pressure instability
- Other male erectile dysfunction

Ambulatory referral to Cardiology



With blood pressure instability. He has had great inability to take medications consistently either due to side effects or experimenting with different regimens. I encouraged him to take the amlodipine 5 mg twice a day for 2 weeks and then submit some home blood pressure readings. He like to see a cardiologist and discussed other options and whether or not he should have any screening cardiac tests. He has an appointment set up with nephrology but would prefer to see cardiology and I think that is reasonable. We had a long discussion about many of the stresses in his life around caring for his mentally ill son, expensive divorces, and some financial pressures.

He/She will continue to monitor and will call or return to clinic if symptoms worsen, do not improve, with the onset of new symptoms, or with any additional questions or concerns. He/She is in understanding and agreement with this plan.

Telehealth Documentation

This telehealth visit was done using: Epic video

Level of service determined by: time: total time spent for face-to-face and non-face-to-face care on the day of this encounter is 25 minutes.

The physical location of the provider of care is within a second and the location of the patient is separate from the provider of care at the time the services were delivered.

The patient or patient's representative provided informed consent to participate in this telehealth visit, understands that the services delivered by the provider are part of their continuing care, and knows how to access in-person care if needed.



