Client Name	Insurance Company	Policy #	Policy Type	Follow Up	Special Request
Carl Taylor	XYZ Co.	12345	Life Insurance	Not Required	Last 3 years information requested



73 year old male patient is without distress with complaints about Chronic Neck Pain and Insomnia.

Has an history of prostrate cancer, Benign essential hypertension, Hypercholesterolemia, Degeneration of lumbar intervertebral disc, Vertigo amongst others.

Chief Complaint 7/19/22 Chronic neck pain, herniated discs. Also chronic lower back pain		Chief Comp Hyper	laint 3/16 tension		Complaint Added Chronic Insomnia		Current Vitals Appears alert and well, no vitals filled			
	General	Examination								
	BP	128/78		Pulse	76			Temprature	97.2 °F (36.2 °C) (Temporal)	
	Weight	76.1 kg (167 lb 12.8 oz) l	Sp02 96%	BMI	22.92 kg/m2			Height	Not Available	

2/9/2021 the Insurance company was alerted on combination usage of benzodiazepine and Opiate.



Assessment & Plan

7/19/22	
Assessment	Plan
1.Cervical radiculopathy	Recommend neurosurgeon eval, MRI ordered Icing neck and L side TID x 15 min
2. Neck pain, chronic	cyclobenzaprine (FLEXERIL) 10 MG tablet; Take 1 tablet (10 mg total) by mouth 3 times a day as needed for muscle spasms Take 1 tab by mouth at bedtime as directed. Dispense: 30 tablet; Refill: 5
3. Left arm numbness - Ambulatory	referral to Neurosurgery; Future

3/16/2022	
Assessment	Plan
1.Cervical radiculopathy	Recommend neurosurgeon eval, MRI ordered Icing neck and L side TID x 15 min
2. Neck pain, chronic	cyclobenzaprine (FLEXERIL) 10 MG tablet; Take 1 tablet (10 mg total) by mouth 3 times a day as needed for muscle spasms Take 1 tab by mouth at bedtime as directed. Dispense: 30 tablet; Refill: 5
3. Left arm numbness - Ambulatory	referral to Neurosurgery; Future

4. Chronic insomnia

UTD on UDS and contract.

4. Chronic insomnia

UTD on UDS and contract.



Test Information and Patient life style

Date
09/06/2022
03/09/2022
03/09/2022

Concerns 7/19/22 - Is frustrated that he cannot get refills automatically for Insomnia.

Patient life style
Is involved in regular physical exercises - Swimming
Jacuzzi daily
Regular Alcohol consumption

Concerns 3/16/22 - Wants to consult cardiologist for the Hypertension instability issue.